MAKING ROOM FOR JESUS

A Personal 25-Day Advent Journey

HOPE	PEACE	JOY	LOVE

A peaceful Christ-centered Advent rhythm for anyone walking through the season independently—whether you are single, living alone, away from family, or simply choosing to spend intentional quiet time with God.

Designed to complement a Daily Grace Co. Advent study, devotional, Scripture cards, prayer resources, or journal.

This season can be full even when it is quiet.

Name: _____

Advent Year: _____

A Mylifefullofhope Faith Printable

Your Personal Advent Rhythm

You do not need a group or family gathering to make Advent meaningful. Create a small sacred rhythm that helps you notice Jesus in the middle of December.

A Simple 20-Minute Quiet Time

1 • SETTLE	2 min	Make a warm drink, light a candle if you enjoy one, silence distractions, and become still.
2 • READ	6 min	Read the day's Scripture and your Daily Grace Co. Advent study or devotional.
3 • REFLECT	5 min	Journal through the day's personal reflection question.
4 • PRAY	4 min	Talk honestly with God about what you read, what you need, and who is on your heart.
5 • RESPOND	3 min	Write one sentence beginning: “Jesus, today You reminded me…”

Create an Advent Corner

Choose one cozy place to return to throughout the month. Keep your Bible and Advent resources there so beginning your quiet time feels easy.

- ■ Bible
- ■ Daily Grace Co. Advent study/devotional
- ■ Scripture or prayer cards
- ■ Journal or notebook
- ■ Pens and highlighters
- ■ Favorite mug / tea / coffee
- ■ Optional candle or soft Christmas lights

No Catching Up Required

If you miss a day, continue when you can. Advent is an invitation to meet with Jesus, not another task to complete perfectly.

A Weekly Personal Rhythm

Sunday	**Worship & Reset**	Read, worship, pray, and set one spiritual intention for the week.
Monday	**Scripture**	Notice one truth about God's character.
Tuesday	**Gratitude**	Write three things you are grateful for.
Wednesday	**Worship**	Play 2–3 Christmas worship songs and sit with God.
Thursday	**Give**	Encourage, serve, donate, or pray intentionally for someone.
Friday	**Cozy Night**	Enjoy a peaceful Christmas activity without guilt.
Saturday	**Experience**	Take yourself somewhere festive, create something, rest, or serve.

Four Advent Invitations

HOPE	Where do I need to trust God's promises?
PEACE	What do I need to release so I can receive Christ's peace?
JOY	Where is God inviting me to notice goodness and delight?
LOVE	How can I receive God's love and extend it to someone else?

25 Days of Personal Advent • Days 1–5

DAY 1 • HOPE	**Scripture:** Isaiah 9:6
Personal Reflection	What name or characteristic of Jesus do I need most in this season?
Today's Gentle Invitation	Prepare your Advent corner and make your favorite warm drink.
Jesus, today You reminded me…	_____

DAY 2 • HOPE	**Scripture:** Isaiah 7:14
Personal Reflection	Where do I need to remember that God is with me?
Today's Gentle Invitation	Put on Christmas music and add one festive touch to your space.
Jesus, today You reminded me…	_____

DAY 3 • HOPE	**Scripture:** Micah 5:2
Personal Reflection	Have I overlooked a small place where God may be working?
Today's Gentle Invitation	Take a slow evening walk or drive to enjoy Christmas lights.
Jesus, today You reminded me…	_____

DAY 4 • HOPE	**Scripture:** Luke 1:26–33
Personal Reflection	What part of God's plan am I being asked to trust?
Today's Gentle Invitation	Write a Christmas card or encouraging note.
Jesus, today You reminded me…	_____

DAY 5 • HOPE	**Scripture:** Luke 1:37
Personal Reflection	What feels impossible that I need to place back into God's hands?
Today's Gentle Invitation	Bake or buy a favorite Christmas treat and enjoy it slowly.
Jesus, today You reminded me…	_____

25 Days of Personal Advent • Days 6–10

DAY 6 • HOPE	**Scripture:** Luke 1:46–49
Personal Reflection	What has God done in my life that deserves praise?
Today's Gentle Invitation	Create a personal Christmas worship playlist.
Jesus, today You reminded me…	_____

DAY 7 • HOPE	**Scripture:** Matthew 1:20–23
Personal Reflection	What changes when I remember that Jesus is Immanuel—God with me?
Today's Gentle Invitation	Have a cozy Christmas movie night.
Jesus, today You reminded me…	_____

DAY 8 • PEACE	**Scripture:** Luke 2:1–5
Personal Reflection	How do I respond when life does not follow my plans?
Today's Gentle Invitation	Journal about one unexpected blessing from this year.
Jesus, today You reminded me…	_____

DAY 9 • PEACE	**Scripture:** Luke 2:6–7
Personal Reflection	Where might simplicity make more room for Jesus?
Today's Gentle Invitation	Declutter one small area and make it peaceful.
Jesus, today You reminded me…	_____

DAY 10 • PEACE	**Scripture:** Luke 2:8–12
Personal Reflection	What good news do I need to receive personally today?
Today's Gentle Invitation	Wear cozy pajamas and enjoy an unhurried evening.
Jesus, today You reminded me…	_____

25 Days of Personal Advent • Days 11–15

DAY 11 • PEACE	**Scripture:** Luke 2:13–14
Personal Reflection	What worry am I ready to surrender to God?
Today's Gentle Invitation	Turn off distractions and listen to worship music.
Jesus, today You reminded me…	_____

DAY 12 • PEACE	**Scripture:** Luke 2:15–16
Personal Reflection	What would it look like to seek Jesus eagerly today?
Today's Gentle Invitation	Visit a Christmas market, bookstore, café, or festive place.
Jesus, today You reminded me…	_____

DAY 13 • PEACE	**Scripture:** Luke 2:17–20
Personal Reflection	Who could be encouraged by something God has taught me?
Today's Gentle Invitation	Text or call someone simply to encourage them.
Jesus, today You reminded me…	_____

DAY 14 • JOY	**Scripture:** Matthew 2:1–2
Personal Reflection	What am I currently seeking most, and is Jesus first?
Today's Gentle Invitation	Take yourself on a simple Christmas outing.
Jesus, today You reminded me…	_____

DAY 15 • JOY	**Scripture:** Matthew 2:9–11
Personal Reflection	What can I offer Jesus—my time, attention, obedience, generosity?
Today's Gentle Invitation	Give a small gift, tip generously, or donate.
Jesus, today You reminded me…	_____

25 Days of Personal Advent • Days 16–20

DAY 16 • JOY	**Scripture:** John 1:1–5
Personal Reflection	Where do I need Christ's light to shine?
Today's Gentle Invitation	Sit by the Christmas tree with the room lights off and pray.
Jesus, today You reminded me…	_____

DAY 17 • JOY	**Scripture:** John 1:14
Personal Reflection	What does it mean to me that Jesus came near?
Today's Gentle Invitation	Enjoy dessert, tea, or coffee during a quiet evening with God.
Jesus, today You reminded me…	_____

DAY 18 • JOY	**Scripture:** John 3:16
Personal Reflection	How does receiving God's love change the way I see myself and others?
Today's Gentle Invitation	Do one anonymous act of kindness.
Jesus, today You reminded me…	_____

DAY 19 • LOVE	**Scripture:** Romans 5:8
Personal Reflection	Where is God asking me to love before everything feels perfect?
Today's Gentle Invitation	Deliver a treat, gift, or note to someone.
Jesus, today You reminded me…	_____

DAY 20 • LOVE	**Scripture:** Philippians 4:4
Personal Reflection	What has brought genuine joy to my life this season?
Today's Gentle Invitation	Do something playful or creative just because you enjoy it.
Jesus, today You reminded me…	_____

25 Days of Personal Advent • Days 21–25

DAY 21 • LOVE	**Scripture:** Philippians 4:6–7
Personal Reflection	What anxiety can I turn into prayer today?
Today's Gentle Invitation	Have a low-pressure evening with no unnecessary obligations.
Jesus, today You reminded me…	_____

DAY 22 • LOVE	**Scripture:** 1 John 4:9–11
Personal Reflection	Who might need to experience God's love through me?
Today's Gentle Invitation	Donate, volunteer, check on someone, or pray for a specific need.
Jesus, today You reminded me…	_____

DAY 23 • LOVE	**Scripture:** Psalm 95:1–3
Personal Reflection	What are five reasons I can praise God today?
Today's Gentle Invitation	Have a personal Christmas worship night.
Jesus, today You reminded me…	_____

DAY 24 • JESUS	**Scripture:** Luke 2:1–20
Personal Reflection	What part of the Christmas story speaks most deeply to me this year?
Today's Gentle Invitation	Create a peaceful Christmas Eve ritual: Scripture, prayer, worship, and reflection.
Jesus, today You reminded me…	_____

DAY 25 • CELEBRATE	**Scripture:** Luke 2:10–11
Personal Reflection	What does the gift of Jesus mean to me personally?
Today's Gentle Invitation	Begin Christmas Day with gratitude before everything else.
Jesus, today You reminded me…	_____

Christmas Eve • A Quiet Night With Jesus

Whether your evening is full of people or completely quiet, you can make this moment sacred.

Read

Luke 2:1–20. Read slowly. Notice the words or details that draw your attention.

Reflect

What has God shown you during these 25 days? Where have you experienced hope, peace, joy, or love?

Remember

Look back through your journal. Circle one prayer God answered, one truth you want to carry forward, and one moment you want to remember.

Pray

Thank Jesus for coming near. Pray honestly for the places that still feel tender, uncertain, lonely, or unfinished.

Worship

Play a favorite Christmas worship song or hymn and simply sit with God.

What I Want to Remember From This Advent

_____

_____

_____

_____

_____

Christmas Day • Celebrate the Gift

Read: Luke 2:10–11

Before the messages, meals, gifts, visits, or quiet moments of Christmas Day, give God your first attention.

Finish This Sentence

Jesus, this Christmas I am thankful for You because…

_____

_____

_____

_____

_____

A Prayer for the Season Ahead

_____

_____

_____

_____

_____

You never have to wait for a full room to make room for Jesus.

Merry Christmas